



The Safety Edge for the Month of April 2022

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Name: _____

Distracted Driving Month

What measures do you use to minimize distractions while behind the wheel and how did you do on the distracted driving quiz?

The Importance of Sleep

Do you feel you get enough healthy sleep? If not, what can you do to improve the quantity and quality of sleep to improve your mental acuity?

Heat Stress – Part 1

What are the 3 types of heat stress, and which one is the most severe?

Heat Stress – Part 2

What are some of the dangers of heat stress and how can you prevent it?

The Safety Edge is due in on May 6th!



Do you have any topics that you would like to see covered in the Tool Box Talks, send me your ideas.