

Please print heading info clearly.

TURN IN DEADLINE: Wednesday March 23rd

PICK UP DATE:

NAME _____ NO. OF ITEMS _____

WORK PHONE _____ EXT. _____ AMT. OF ORDER _____

HOME PHONE _____ Less 3% _____

EMAIL _____ FINAL COST _____

Pay with cash or check. Food stamps now accepted by payment in advance.

Make checks to Tri-City Foods, include your address and phone number.

Please record Pick Up date so you won't miss us!

\$15.00 fee on returned checks. All products guaranteed! 518-272-0898

ITEM		COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD
Poultry Items									
1	Boneless Skinless Chicken Breasts Super tender flattened chicken breasts Totally trimmed, approx 25, 5lbs.	\$18.98 SPECIAL		24	Boneless N.Y. Strip Steaks Center cut, 10oz SOLD BY THE STEAK		47	Eggplant Rollatini Rolled eggplant with delicious Italian cheeses. 10 large count. Add sauce and bake.	\$11.98
2	Breaded Chicken Breast Chunks Golden brown breaded, tender and tasty. Great buy! LARGE 5lb bag.	\$14.98 SPECIAL		25	Bigger N.Y. Strip Steaks Larger and thicker 12oz SOLD BY THE STEAK		48	Potato and Cheese Perogies By Codino's. 3-13 oz packs.	\$6.69
3	Chicken Nuggets Taste just like a famous fast food place. Approx. 75ct. BIG 5lb bag.	\$14.98 SPECIAL		26	Breakfast Items		49	Battered Onion Petals Top seller! Spicy delicious onion petals. Large 2lb bag.	\$6.79
4	Chicken Cordon Bleu Stuffed w/ ham & cheese. Bakeable. 8 - 4oz. breasts.	\$12.98 SPECIAL		27	French Toast Sticks Our original. About 30ct. 2lbs.	\$5.19	50	Mozzarella sticks Bake or deep fry, large, 3lbs	\$11.98
5	Chicken breasts w/ Broccoli and Cheese (our original) Bakeable 8 - 4 oz. breasts.	\$12.98 SPECIAL		28	Ready Made Pancakes Bake or micro. 36 count.	\$6.88	51	Cheese Ravioli You get 3, 13oz bags.	\$5.78
6	Buffalo Chicken Breast Fillets Lightly breaded w/ tasty buffalo seasoning. Approx 20, 5lbs.	\$16.98 SPECIAL		29	Fully Cooked Breakfast Links Skinless. Same maker and taste as our patties. Approx. 40 links 2.75lbs	\$11.98	52	Cheese Filled Manicotti Approx 15 large manicotti. 2.5 lbs	\$6.88
7	Chicken Tenders Golden Brown Breaded, Large 5lb bag	\$16.98 SPECIAL		30	Breakfast Pockets By Hot Pockets Egg, sausage and cheese. 6 count	\$6.69	53	Buffalo Chicken Logs Eggroll shaped. All white meat with buffalo sauce. 12 count.	\$8.49
8	Breaded Chicken Breast Fillets Lightly breaded. Bake or deep fry. Approx. 25 count. 5lbs.	\$16.98 SPECIAL		31	Potato Items		54	Pizza Dough 3 - 16oz. frozen dough balls.	\$5.88
9	Popcorn Chicken Golden-brown breaded, bake or deep fry. All breast meat. About 80, 5lb bag.	\$14.98 SPECIAL		32	Seasoned French Fries Made from delicious Idaho potatoes. 5lb bag.	\$7.98	55	Garlic Knots By Furlani. 2 -8oz boxes.12 count total. Simply bake or even micro.	\$5.88
10	Mini Chicken Cordon-Bleu NEW! Stuffed with ham and cheese. Great appetizer. Approx 32 count.	\$11.98		33	Extra Crispy Fries Coated fries to get extra crispy. Bake or deep fry. 4.50lbs.	\$6.98	56	Large Whole Onion Rings Our Original! Bake or deep fry. Great onion rings. 2.50lb bag.	\$7.49
11	Buffalo Chicken Wings Fully cooked wings w/ tasty buffalo seasoning. Big 5lb bag.	\$19.98 SPECIAL		34	Sweet Potato Fries Bake or deep fry. 3lb. Bag.	\$7.49	57	Veggie Spring Rolls Tasty oriental treats, 20 count	\$6.98
12	Steak and Meat Items			35	Seasoned Diced Potatoes Pre-browned. Bake or pan fry. A top seller! Now LARGER 6lb bag.	\$8.49	58	NY Deli Style Hotdogs Best quality, large beef hot dogs. 18 count, 3lbs total	\$9.98 SPECIAL
13	Lean Ground Beef (our original) All natural, 85% lean. Sold by the pound.	\$5.39 PER POUND		36	Jersey Shore French Fries Battered, seasoned, finally back! 5lbs	\$8.49	59	Battered Mushrooms Bake, air fry or deep fry. About 40. 3lbs	\$11.98
14	Boneless Pork Chops All center cut, 14 to 16 count, 4lbs	\$14.88		37	Roasted Rosemary Redskin Potatoes Fully cooked. Delicious side dish. Try this product. 2.5lb. Bag	\$7.59	60	Garlic Texas Toast Our original, By Furlani. 18 count. 3-8oz boxes. Great buy.	\$6.29
15	Breaded Veal Patties Golden brown breaded. Fully cooked. Pan fry or bake, 10 - 4oz	\$11.98		38	Roasted Baby Baker Potatoes Lightly seasoned & roasted in olive oil. Heat, Serve. 2.5lbs.	\$7.59	61	Mini Pretzels w/ Cheese Micro or bake, 3 - 9oz bags.	\$5.98
16	Quarter LB Beef Burgers 85% lean. Simply the best. 20ct, 5lbs	\$20.98		39	Hash Brown Patties Approx 25. 3lbs	\$5.49	62	Cheddar Jalapeno Popper Filled w/ cheddar cheese. Bake/deep fry, about 30, 2lbs	\$12.49
17	Philly Steak Sandwiches Made from real steak cuts. Thin sliced, Approx. 13 ct. 3.5 lbs average total weight	\$15.98		40	Pizza		63	Bacon and Cheese Items	
18	Center Cut Ham Slices Boneless Buy 2 8oz slices, get 2 more free! For a total of 4!	\$4.98 BUY TWO GET TWO FREE!		41	Pizza Logs Eggroll shaped with pepperoni, sauce and cheese. Bake or deep fry.12ct	\$7.98	64	Country Bacon Real hickory smoked bacon. 2 packs. 2lbs.	\$9.88
19	Garlic Herb Pork Tenderloins Approx 1.5lb each Buy one for 6.98 get one more free!	\$6.98 BUY ONE GET ONE FREE!		42	French Bread Cheese Pizza Individual size. 6ct.	\$7.98	65	Jalapeno American Cheese Deli-sliced daily. 1lb.	\$5.98
20	All Natural Ground Beef 90% lean. Grass fed. A \$8.99 per pound value. Sold by the pound.	\$5.49 PER POUND		43	French Bread Cheese Pizza Individual size. 6ct, comes with a free pepperoni pack!	\$7.98	66	Sliced American Cheese Best quality. Sliced white. 120 slices, 5lbs. Special!	\$14.88
21	Country Style Spare Ribs Boneless. Lean and tender. 4lbs	\$11.88 SPECIAL		44	Appetizer and Dinner Items		67	Sliced Cheddar Cheese Delicious sharp cheddar. Sliced fresh daily 1 lb.	\$6.88
22	Sweet Italian Sausage Links Lean and flavorful, 3 1lb packs	\$11.98		45	NEW! Cheese Pizza Breadsticks Filled with cheese and marinara. You get 10 large 7 inch breadsticks.	\$6.69 SPECIAL	68	Shredded Mozzarella Cheese Large economy size bag. 5lbs.	\$15.49
23	Fully Cooked Italian Meatballs Great tasting. Simply heat and serve. 3.25lbs	\$12.98 SPECIAL		46	Cream Cheese Jalapeno Popper Filled w/ cream cheese. Bake/deep fry, about 30, 2lbs	\$12.49	69	Cooper Sharp Am. Cheese Deli sliced daily, top seller! 1lb.	\$5.98
24	Sweet Bourbon Pork Chops Boneless center cuts, 12 - 6oz chops, BIG 4.5lb box.	\$14.98 SPECIAL		47	Lasagna Rollups Filled with delicious cheeses. 12 individual, 4oz. Just add sauce.	\$6.98	70	Fontina Sliced Cheese A cross between provolone and mozzarella. Great! A must try. 1lb sliced.	\$6.49

ITEM	COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD
70	\$7.49		90	\$15.98		Snacks and More		
						110	\$15.98	
71	\$7.49		91	\$9.98		111	\$2.89	
72	\$5.98		92	\$9.98		112	\$4.95	
73	\$6.49		93	\$19.98		113	\$4.95	
74	\$8.29		94	\$18.98		114	\$5.69	
75	\$4.49		95	\$9.98		115	\$4.89	
76	\$9.50		96	\$14.98		116	\$3.98	
77	\$6.98		97	\$10.98		117	\$3.98	
78	\$6.98		98	\$9.98		118	\$6.98	
79	\$11.49		99	\$4.49		119	\$7.49	
80	\$6.49		100	\$8.29		120	\$5.29	
81	\$3.98		101	\$8.49		121	\$7.49	
82	\$3.50		102	\$3.88		122	\$8.98	
83	\$3.98		103	\$9.50		123	\$6.98	
84	\$3.98		104	\$9.98		124	\$6.49	
85	\$3.98		105	\$6.19		125	\$6.98	
86	\$3.98		106	\$6.19		126	\$6.98	
87	\$3.98		107	\$6.19		127	\$8.49	
88	\$6.98		108	\$6.19		128	\$7.49	
89	\$6.98		109	\$6.19		129	\$3.98	

Dear Customers,

Remember all our deli items are sliced fresh the same day of the co-op. Always fresh, always the best quality, and, of course, always great prices. We are always adding new items, so read the list carefully! All products as always are guaranteed.

Remember to let your relatives, friends, co-workers and neighbors know about us. Like Tri City Foods on Facebook.

Order online at www.tricityfoods.com.

If there is an item you ordered before that is not on the list, call us for availability. **518-272-0898**

Thank you for your business.

WEIGHTS ARE CORRECT, COUNTS MAY VARY - NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS
We now accept FOOD STAMP payments— Must prepay by phone 24 or more hours in advance. Call 518-272-0898
You may also Mail your order directly to: Tri-City Foods 618 Third Ave. Watervliet, NY 12189