

The Safety Edge for the Month of February 2022

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Name: _____

Healthy Heart Awareness Part 1

What are some of the signs and symptoms of sudden cardiac arrest?

Healthy Heart Awareness Part 2

What are some of the contributing factors to cardiovascular disease and what can you do to reduce your risk of heart disease?

Knowing What to Do in an Emergency

Where is the rally point or marshalling area on your jobsite or in your workplace?

Harassment Hurts

What should you do if you observe someone being harassed or if you are the victim of harassment?

The Safety Edge is due in on March 11th!



Do you have any topics that you would like to see covered in the Tool Box Talks, send me your ideas.