

ITEM		COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD
70	Grated Parmesan & Romano Best quality. Pure, no fillers. 1lb. \$9.95 Value	\$7.49					Seafood Items		
				90	Breaded Fish Frys Hand breaded natural ocean cod fish frys, 10-12 ct, Approx 2.75lbs	\$16.98			110
									Snacks and More
									110
71	Shaved Italian Cheeses Romano and parmesan cheese blend. Outstanding. 1lb. A 11.95 value.	\$7.49		91	Breaded Lobster Bites Bake or deep fry. 2 - 15oz bags.	\$9.98 SPECIAL			111
72	Sliced Swiss Cheese Best quality. 1.50lb. package.	\$6.98		92	Breaded Crab + Cheese Bites Bake or deep fry. 2 - 15oz bags.	\$9.98 SPECIAL			112
73	Sweet Horseradish Pickle Slices Bread and butter style slices. By Adirondack pickle. 24oz jar.	\$6.49		93	Not Breaded Cod Fillets Delicious wild caught. Flakey, tasty fillets, about 3 per pack. 3 - 1lb packs	\$18.98			113
74	Raspberry Melba Sauce Large 32oz jar.	\$8.29		94	Raw Shrimp Peeled & cleaned ready to cook large shrimp. About 50.	\$18.98 SPECIAL			114
75	American Cheese For those who do not want a 5lb brick. 1lb package.	\$4.49		95	NEW! Battered Shrimp Bites Bake or deep fry. 2 - 11oz bags.	\$9.98 SPECIAL			115
76	Mozzarella String Cheese Land O Lakes Product Premium cheese stick. 30-1oz. sticks.	\$9.50		96	Ready Made Crab Cakes Lots of crab. Tasty. You get 12 large 3.5 oz crab cakes.	\$14.98 SPECIAL			116
77	Sliced Provolone Cheese Best quality. 1.50lb package.	\$6.98		97	Breaded Clam Strips Bake or deep fry. You get either 8 - 4oz bags or 2 - 16oz bags. Depending on inventory.	\$10.98			117
78	Horseradish Cheddar Cheese Sliced fresh daily. Best quality. 1lb	\$6.98		98	NEW! Breaded Calamari Rings Golden brown. Bake or deep fry. 2 - 11oz bags.	\$9.98			118
79	Long Pepperoni Stick Approx 2 feet long.	\$11.49		99	Cooked Jumbo Shrimp Thaw and use, 2lb bag	\$19.98			119
80	Hearty Garlic Dill Pickles Bread and Butter style slices. By Adirondack Pickle. 24oz Jar.	\$6.49		100	Boneless, Skinless Salmon NEW! Large 7-8oz portions. Absolute finest quality fillets.	\$4.88 EACH SPECIAL			120
81	Veggie Items				Dessert Items				
	Peppers and Onion Blend 2 lb. bag	\$3.98		101	Apple Cinnamon Cake Gourmet quality, 10-12 slices, 1.5lbs	\$8.49			121
82	Cut Corn 2.50lb bag.	\$3.50		102	Marble Chocolate Chip Cake Chocolate and white cake loaded with chocolate chips 10-12 slices, 1.5lbs	\$8.29			122
83	Broccoli Florets Grade A fancy. 2lb bag.	\$3.98		103	Lemon Blueberry Meringue Pie NEW! A great tasting summer treat, simply thaw and eat, 9 inch	\$8.88 SPECIAL			123
84	Cauliflower Florets Grade A fancy - 2lb. bag	\$3.98		104	Strawberry Cheesecake By Sara Lee. Thaw and serve.	\$6.49 SPECIAL			124
85	Brussel Sprouts Small and tender. Grade A fancy. 2lb bag.	\$3.98			Fully Cooked Meal Kits				
				105	Beef and Broccoli Meal Kit Tender beef steak, broccoli, white rice and vegetables in a savory soy sauce. 24 oz, serves 2-3.	\$6.19			125
86	Prince Edward Blend Baby carrots, baby yellow and green beans. 2lb bag.	\$3.98		106	Chicken Stir Fry Meal Kit Tender chicken chunks, peas, carrots and broccoli with fried rice. 24 oz, serves 2-3.	\$6.19			126
87	Oriental Blend Vegetables NEW! Broccoli, sugar snap peas, carrots, onions, a great blend, 2lbs	\$3.98		107	Shrimp Scampi Meal Kit Shrimp, linguini pasta and delicious vegetables in a creamy garlic sauce. 24 oz, serves 2-3.	\$6.19			127
88	Dumpling Items				Chicken Alfredo Meal Kit White meat chicken, pasta and vegetables in a rich and creamy alfredo sauce. 24 oz, serves 2-3.	\$6.19			128
	Chicken + Veggie Dumplings Tasty oriental dumplings, 40 count	\$15.98		108					128
89	Pork + Veggie Dumplings Tasty oriental dumplings, 40 count	\$15.98		109	Shrimp Fried Rice Meal Kit Tasty oriental meal kit. Fully cooked. 24 oz, serves 2-3.	\$6.19			129
									129

Dear Customers

For many decades we have offered an additional discount off our already low and competitive prices. Unfortunately, due to many conditions beyond our control, starting as of last month this has been discontinued. The reasons are all cost related. Increases in food prices across the board which you can see every where, gasoline and truck expenses, transportation to bring in products, utility's, the list goes on as you may know.

As always, we are totally committed to keeping our prices as low as possible and will always offer you the best quality products you can find. We are a small family company and we do truly appreciate every order we receive.

Thank you all for your patronage.

WEIGHTS ARE CORRECT, COUNTS MAY VARY - NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS
We now accept FOOD STAMP payments- Must prepay by phone 24 or more hours in advance. Call 518-272-0898
You may also Mail your order directly to: Tri-City Foods 618 Third Ave. Watervliet, NY 12189
Order online at www.tricityfoods.com