

Discussion Leader:

Attendance Sign- In:

Summary
The protection of your sight requires three extremes: extremely easy, extremely important, and too often, extremely forgotten. Once you have lost an eye or your ability to see, it's too late. Protecting your eyes is the easiest thing to do, if you care about your eyes.

Guide for Discussion

Types of Eye Injuries

- Small flying objects such as dust or other microscopic objects.
- Particles resulting from chipping, grinding, sawing, brushing, hammering or using power tools (including nail guns). (These items move with the speed of a bullet and can permanently damage your eyes.)
- Liquids such as chemicals, tar, asphalt solvents, paints or masonry cleaning solutions.
- Invisible light rays such as those generated by welding operations or by a laser beam.

Methods of Protection

- Safety glasses
- Safety goggles
- Face shields
- Welding hoods

Additional Discussion Notes:
What is the company policy on wearing eye protection?

Remember
There are all kinds of safety glasses or goggles available on the market; some are really cool. Eye injuries occur in a split second. Don't blind yourself to the necessity of protecting your eyes.