integrity safety services

Weekly Safety Meeting

PPE – Foot Protection

Date: _____ Jobsite: _____

Discussion Leader:

_____

Attendance Sign- In:

_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____

Summary

Foot protection is probably about the least talked about type of personal protection. Nevertheless, it is still an important safety topic. One nail puncture could cause weeks of lost time off the job.

Guide for Discussion

Characteristics of a Suitable Boot

- Puncture resistant soles.
- Steel toes.
- Boot extends above the ankle.
- Sole provides good traction.

Type of Injuries Commonly Resulting from Poor Footwear

- Punctures from nails and tie wire.
- Bruises of the foot.
- Unsure footing.
- Blisters.
- Body fatigue.
- Mashing of foot resulting from dropped objects.

Other Acceptable Footwear

- Buckle Overshoes – for work in mud, water and concrete. (*)
- Knee and Hip boots – for work in deep water and mud.

(*) Encourage use of rubber boots when placing concrete. Sometimes we forget concrete can cause severe burns if it comes into contact with the skin for any length of time.

Additional Discussion Notes:

What is the company policy on foot protection? Are steel toes required? Is a steel shank required?

_____
_____
_____
_____
_____
_____

Remember

Almost all of us work on our feet or at least use our feet to get to work. Doesn't it make sense to take good care of our feet in order to insure that they are able to get us to work?

14300 NE 20th Ave Suite D-102 #280 Vancouver, WA 98686
office (360)574-6071 fax (360)574-3906
www.integritysafety.com