Antegrity safety services

Weekly Safety Meeting

PPE – Knee Pads

Date: Jobsite:

Summary Discussion Leader: Construction workers (and especially roofers) are prone to have knee problems. We bend our knees almost as much as we bend our backs and then at the end of the day, complain about our aching bodies. Just as we must be careful in lifting, we must be careful in Attendance Sign-In: bending. To assist in saving our bodies, think about using kneepads as an important part of personal protection equipment. Guide for Discussion Ouestions to ask: 1. Do we have exposure to knee injuries? 2. Is there a way to "engineer out" the constant knee bending situations on this job? 3. What are appropriate times and places to wear kneepads? Discuss as needed: Concrete Finishing • Decking work . Roofing work **Finishing work** Electrical or plumbing work Welding Millwrighting or other mechanical type work ٠ 4. Is using a piece of insulation and duct tape an acceptable means of protecting knees? Improper use examples: • Binding straps too tight (cutting off circulation) Additional Discussion Notes: Are we using kneepads that can work when wearing double kneed work clothing? Remember It only takes a moment to strap on kneepads or wear them in double kneed work clothing. Over time, kneepads will save you from permanent injury from working while on your knees, and it is more comfortable for you when getting the work done.