

With Thanksgiving coming up this week, it can be hard not to focus your attention on the feast that lies ahead.....but it's important to remember the reason for the season. It's a time where we can gather with family and friends to celebrate the blessings of the past year.

We have been reflecting on the things we are most grateful for. Primarily among them is you. We would not be where we are at if not for your tremendous hard work and dedication to the Hudson Bay team and for that we say Thank You!

I will keep this somewhat short; we all know that three main hazards during the Thanksgiving holiday include fires, food, and travel. Don't let the hustle of the holiday distract you from these easy-to-follow safety tips.

Do not leave food cooking or the stove unsupervised, keep baking soda on hand to put out kitchen fires, make sure your smoke alarms are working properly and they fresh batteries and if you are using a deep fryer, follow all of the instructions and monitor it closely.

Always use a thermometer and cook the turkey to an internal temperature of 165 to 180 degrees, store leftovers within 2 hours or toss them and make sure you are up to date on performing the abdominal thrust maneuver in the event someone begins choking.

Lastly, buckle up while driving, don't drink and drive or text and drive, carry an emergency kit in your car, be aware of weather conditions and for goodness sakes, don't announce your travel plans over social media.

### ***Remember This!***

On behalf of Hudson Bay Insulation, we thank you all for your steadfast commitment to the health and safety of those around you and for making this a successful and awesome place to work. Have a wonderful long weekend and Happy Thanksgiving!





# Tool Box Talk/Safety Meeting Sign In Sheet

Energy Efficiency Specialists™

Email to [chris@hudsonbayins.com](mailto:chris@hudsonbayins.com) or [safety@hudsonbayins.com](mailto:safety@hudsonbayins.com) or text to (206) 730-6273

Topic: \_\_\_\_\_ Date: \_\_\_\_\_

Discussion Leader: \_\_\_\_\_ Job Name: \_\_\_\_\_

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Employee Comments, Concerns, Suggestions or Recommendations to improve workplace safety & health:

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*Please submit this document immediately upon completion of the meeting to the safety department and retain the original copy of this document in the Safety & Risk Management Plan.*