

## Tool Box Talk What Kind of Influence Are You?

December 13<sup>th</sup>, 2022

Regardless of what you do for Hudson Bay, you can influence others around you. We all have an influence on each other, whether we recognize it or want to admit it, it is true. When it comes to work and workplace safety, your actions, words, and attitude can go a long way in either helping or hurting our safety culture.

## The Influence We Have.

Think about how much time we spend every day around each other; for some of us it exceeds the time we spend with our families. We have all experienced the power a single coworker can have over an entire group. The same can be said about the effect supervisors can have with the workers they lead. We all have either a positive or negative effect on those individuals around us in every facet of what we deal with on a day-to-day basis.

## Influence over Workplace Safety.

A coworker can have a positive effect on us on how we feel in general, but the same person can have a negative effect on safety in your workplace. Our attitudes, words, and actions towards workplace safety communicate a message to others and will have some kind of an effect on them regarding their outlook on safety.

This influence can eventually have an effect on not only others' attitudes, but also the actions those individuals around us choose or do not choose to take. When negative influences compound, it creates a weak safety culture. This not only impedes others from being able to work safely, but also can lead to injuries occurring on the job.

## Be a Positive Influence.

We do not always have the power to make the rules or influence policies put into place, however, we have the power to choose how we react to any changes. If you choose to have a positive attitude towards new changes, even if you do not agree with them, those around you will be more likely to follow suit. When negative attitudes, words, actions, etc. are allowed to make their way into the workplace regarding safety it can be a slippery slope. Once the general view of safety is negative it is very hard to get everyone to want to work safe so that everyone goes home to their families at the end of the day.

### Remember This!

You never know which lives you influence, or when, or why. Know that your words today, will either plant the seed of success or failure in the mind of another tomorrow.





# Tool Box Talk/Safety Meeting Sign In Sheet

Energy Efficiency Specialists™

Email to <a href="mailto:chris@hudsonbayins.com">chris@hudsonbayins.com</a> or <a href="mailto:safety@hudsonbayins.com">safety@hudsonbayins.com</a> or <a href="mailto:safety@hudsonbayins.com">safety@hudsonbayins.com</a> or <a href="mailto:safety@hudsonbayins.com">safety@hudsonbayins.com</a> or <a href="mailto:safety@hudsonbayins.com">safety@hudsonbayins.com</a> or <a href="mailto:text">to (206) 730-6273</a>

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