

Please print heading info clearly.

TURN IN DEADLINE: Wednesday October 25th

PICK UP DATE:

NAME _____

NO. OF ITEMS _____

WORK PHONE _____

EXT. _____

AMT. OF ORDER _____

HOME PHONE _____

EMAIL _____

FINAL COST _____

Pay with cash or check. Food stamps now accepted by payment in advance.

Make checks to **Tri-City Foods**, include your address and phone number.

Please record Pick Up date so you won't miss us! There will be a processing fee for credit cards used.

\$15.00 fee on returned checks. All products guaranteed! 518-272-0898

ITEM	Poultry Items	COST	ORD	ITEM	COST	ORD	ITEM	COST
1	Boneless Skinless Chicken Breasts (our original) Super tender flattened chicken breasts. Finally back! Totally trimmed, approx. 20, 5lbs.	\$20.98	24	Center Cut Ham Slices Buy 4-7 oz slices for \$8.49 and get 4 more 7oz slices free. Total of 8 slices. BOGO	\$8.49 BOGO	47	Beer Battered Cod Fillets Pure wild caught flakey & Mild cod. Bakeable. 15-3oz portions. Only \$1 dollar per fillet.	\$14.95
2	Buffalo Chicken Wings Back Again!! Fully cooked. Perfectly sauced. This is a MUST try. About 40. 5lbs.	\$16.88	25	New! Chicken Breast Burgers Fully cooked. With caramelized onions, roasted peppers and cheddar. 8-4oz. Must try!	\$7.49 SPECIAL!	48	Mini Cheeseburgers You get 6 packs, 2 burgers in each pack. Fully Cooked. 12 total.	\$5.98
3	Our Original Chicken Nuggets Tastes like at a famous fast food restaurant, LARGE 5lb bag	\$17.98	26	Breakfast Items		49	Fully Baked Pumpkin Pie Always perfect. No work. Large 43 ounce. Perfect for the holiday treat.	\$10.95
4	Chicken Cordon Bleu Stuffed w/ ham & cheese. Bakeable. 8 BIGGER 5oz. Breast.	\$12.98 SPECIAL	27	Egg & Cheese Sandwiches By: Jimmy Dean. Fully cooked. Micro. Ten - 2.3oz individual sandwiches	\$5.98 SPECIAL	50	Mozzarella Sticks Restaurant quality. The very best loaded with cheese. Bake or deep fry. Large 3lb bag.	\$13.69
5	Chicken breasts w/ Broccoli and Cheese (our original) Bakeable 8 - 4 oz. breasts.	\$13.69	28	Egg Sausage & Cheese Biscuit By: Jimmy Dean Four Jumbo sandwiches individually wrapped. Heat and eat.	\$5.98	51	Potato and Cheese Perogies You get 3, 13oz bags.	\$6.69
6	Golden brown breaded Chicken Wings Breaded wings. Finally Back. Fully Cooked. Bakeable. 3lbs. Super Buy!!	\$8.98 SPECIAL!	29	Cinnamon French Toast Sticks About 30 Count. 2lbs.	\$6.79	52	Potato and Cheese Perogies You get 3, 13oz bags.	\$6.69
7	Breaded Chicken Breast Tenders Our traditional, always good chicken tenders. 5lb bag.	\$19.98	30	Fully Cooked Breakfast Links Skinless. Same maker and taste as our patties. Approx. 40 links 3lbs	\$11.98	53	Cheese Filled Manicotti Approx 15 large manicotti. 2.5 lbs.	\$6.88
8	Breaded Chicken Breast Fillets Lightly breaded. Bake or deep fry. Approx. 25 count. 5lbs.	\$18.95	31	Potato Items		54	Buffalo Chicken Logs Eggroll shaped. All white meat with buffalo sauce. 12 count.	\$8.79
9	Popcorn Chicken By Tyson. Our original. Big 5lb bag. Perfect size. Kids love these!	\$17.98 SPECIAL!	32	Hash Brown Patties Large 3.5lb bag. Restaurant quality. About 25.	\$6.49 SPECIAL	55	Jalapeno Poppers Filled with cream cheese, oven able. 2lbs. Apprx. 25	\$11.98
10	Large Breaded Ch. Breast Chunks Tender and tasty. Comes with a free hot sauce pack. 3- 18 oz bags.	\$9.98 SPECIAL!	33	Jersey Shore French Fries Finally back! Large 5lb bag	\$9.88	56	Garlic Knots By Furlani. 2 -8oz boxes. 12 count total. Simply bake or even micro.	\$5.98
11	Chicken Philly Steak Sandwiches Must try! All white meat. Approx.. 13. 3.5lbs	\$14.98	34	Crispy Cut Fries Best quality Idaho potatoes, 5lbs	\$8.98	57	Large Whole Onion Rings Our Original! Bake or deep fry. Great onion rings. 2.50lb bag.	\$8.89
12	Steak and Meat Items		35	Sweet Potato Fries Bake or deep fry. 3lb. Bag.	\$6.98	58	Garlic Texas Toast Our original, By Furlani. 18 count. 3-8oz boxes. Great buy.	\$6.29
13	Fully Cooked Meatballs All beef meatballs. Best quality. Must try!	\$13.98	36	Seasoned Diced Potatoes Pre-browned. Bake or pan fry. A top seller! Now LARGER 6lb bag.	\$9.98	59	Bacon and Cheese Items	
14	Boneless Pork Chops All center cut, 14 to 16 count, 4lbs	\$14.98	37	Seasoned French Fries Best quality Idaho potatoes, 5lbs	\$8.98	60	Grated Parmesan & Romano Best quality. Pure, no fillers. 1lb. \$11.95 Value	\$7.88
15	Boneless N.Y. Strip Steaks Steaks are 8 to 9 oz. individually wrapped. Sold by the steak.	\$4.95 SPECIAL	38	Roasted Rosemary Redskin Potatoes Fully cooked. Delicious side dish. Try this product. 2.5lb. Bag	\$7.98	61	Shaved Italian Cheeses Romano and parmesan cheese blend. 1lb. A 11.95 value.	\$7.98
16	Quarter Pound Burgers Lean and tasty. 20 Count. 5 lbs.	\$20.98	39	Seasoned Curly Fries Tasty Idaho potatoes, large 5lb bag	\$8.98	62	Sliced Swiss Cheese Best quality. 1lb pack. Sliced fresh daily.	\$5.68
17	Lean Ground Beef (our original) All natural, 85% lean. Sold by the pound.	\$5.59 PER POUND	40	Potato Tater Nuggets Tasty potato nuggets. 3lb bag.	\$5.98	63	Mozzarella String Cheese Premium cheese sticks. 30-1oz. sticks. Many uses!	\$9.98
18	Philly Sandwich Steak Slices Made from real steak. Approx. 13 ct. 3.5 lb. average weight.	\$16.95 Special	41	Pizza		64	Sliced Provolone Cheese Best quality. 1lb pack. Sliced fresh daily.	\$5.68
19	Larger Boneless N.Y. Strip Steaks Larger and thicker. big 12oz SOLD BY THE STEAK	\$7.98 GREAT BUY!	42	Deep Dish Cheese Pizza Our original! Finally back. 6ct.	\$9.49	65	Country Bacon Real hickory smoked bacon. 2 packs. 2lbs.	\$9.88
20	All Natural Ground Beef 90% lean. Grass fed. A \$8.99 per pound value. Sold by the pound.	\$5.77 PER POUND	43	French Bread Cheese Pizza Individual size. 6ct.	\$7.98	66	Precooked Bacon Great flavor. Amazing price. 150 slices. That's only 14 cents a slice.	\$20.98 SPECIAL
21	Boneless N.Y. Strip Steaks Large 10 oz. individually wrapped steak. Sold by the steak.	\$6.88	44	Deep Dish Cheese Pizza Individual size. 6ct, comes with a free pepperoni pack!	\$9.49	67	Sliced American Cheese Best quality. Sliced white. 120 slices, 5lbs	\$17.88
22	Sweet Italian Sausage Links Lean and flavorful. You get 3-1 pound packages. 3lbs total	\$11.98	45	Appetizer and Dinner Items		68	Sliced Jalapeño American Best quality. Sliced fresh daily 1 lb.	\$5.49
23	Hot Italian Sausage links Lean and flavorful. You get 3-1 pound packages. 3lbs total	\$11.98	46	Pizza Logs Eggroll shaped with pepperoni, sauce and cheese. Bake or deep fry. 12ct	\$8.89	69	Shredded Mozzarella Cheese Large economy size bag. 5lbs.	\$17.98
	Jumbo Corn Dogs 10 premium large corn dogs. Corn dogs are not on a stick. Perfect for kids.	\$5.49	47	Cheese Filled Ravioli 3 - 13oz packs	\$5.98		Cooper Sharp Am. Cheese Deli sliced daily, top seller! 1lb.	\$6.88
			48	Lasagna Rollups Filled with delicious cheeses. 12 individual, 4oz. Just add sauce.	\$6.98		American Cheese For those who do not want a 5lb brick. 1lb package.	\$4.69
			49	Lasagna Spinach Rollups Filled with cheese and spinach. 12 individual, 4oz. Just add sauce.	\$6.98			

ITEM		COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD
70	Long Pepperoni Stick Approx 2 feet long.	\$11.49		90	Dumpling Items		110	Corned Beef Sliced fresh daily. 1lb.	\$8.49
71	Horseradish Cheddar Cheese Premium best quality cheese. Sliced fresh daily. 1lb.	\$7.49		91	Chicken + Veggie Dumplings Tasty oriental dumplings, 40ct		111	Oven Roasted Turkey Breast Sliced fresh daily. 1lb. \$9.95 value.	\$7.88
72	Raspberry Melba Sauce Large 32oz jar.	\$8.89		92	Dessert Items		112	Snacks and More	
73	Munster Cheese Sliced fresh daily. Very flavorful 1lb.	\$6.49		93	Apple Cinnamon Cake Gourmet quality. Will provide approx. 10 slices, 1.5lbs		113	Sugar Cookies Ready to bake, best quality. Approx 48ct 3lbs.	\$9.49
74	Veggie Items			94	Oatmeal Rasin Cookie Finally back. Homemade taste. About 48. 3lbs.		114	Frito Lays Variety Pack Lunch pack size. 12 count, 3 varieties to make up the 12 bags	\$5.69
74	Peppers and Onion Blend 2 lb. bag	\$3.98		94	Marble Chocolate Chip Cake Chocolate and white cake loaded with chocolate chips. 10-12 slices. 1.5lbs		114	Dorito Snack Mix Lunch pack size. 6 nacho cheese & 6 cool ranch. 12 total	\$5.69
75	Cut Corn 2.50lb bag.	\$3.50		95	Blueberry Cake Delicious cake with lots of tasty blueberries. Will provide approximately 10 slices. 1.5lbs		115	Chocolate Chip Cookies Ready to bake. Best quality! About 48. 3lbs	\$9.98
76	Broccoli Florets Grade A fancy. 2lb bag.	\$3.98		96	Fully Cooked Meal Kits		116	More Items	
76	Broccoli Florets Grade A fancy. 2lb bag.	\$3.98		96	Beef and Broccoli Meal Kit Tender beef steak, broccoli, white rice and vegetables in a savory soy sauce. 24 oz, serves 2-3.		116	Turkey Breakfast Links Fully cooked. About 45. 3lbs.	\$10.98
77	Cauliflower Florets Grade A fancy - 2lb. bag	\$3.98		97	Chicken Stir Fry Meal Kit Tender chicken chunks, peas, carrots and broccoli with fried rice. 24 oz, serves 2-3.		117	Lean Ground Turkey Meat Finest quality. 2- 1lb packs.	\$6.88
78	Brussel Sprouts Small and tender. Grade A fancy. 2lb bag.	\$3.98		98	Shrimp Scampi Meal Kit Shrimp, linguini pasta and delicious vegetables in a creamy garlic sauce. 24 oz, serves 2-3.		118	Mini Chicken Cordon Blue Stuffed with ham and cheese. 30 ct.	\$11.88
79	Prince Edwards Vegetables Baby Carrots, baby yellow and green beans. 2lb bag.	\$3.98		99	Chicken Alfredo Meal Kit White meat chicken, pasta and vegetables in a rich and creamy alfredo sauce. 24 oz, serves 2-3.		119	Jalepeno & Cheese Mini Chicken Stuffed with jalapenos, peppers & pepperjack cheese. 30 Ct.	\$11.88
80	Peas and Carrots Green peas and carrots. 2lbs bag	\$3.98		100	Shrimp Fried Rice Meal Kit Tasty oriental meal kit. Fully cooked. 24 oz, serves 2-3.		120	Buffalo Style Mini Chicken Stuffed with cream cheese, blue cheese and jalapeno. Approx 32 count	\$11.98
81	Seafood Items			101	Deli Items		121	Breaded Ravioli Bakeable or deep fry. Many uses. 1.70 lb. bag.	\$7.98
81	Breaded Crab + Cheese Bites Bake or deep fry. 2 - 15oz bags.	\$9.98		101	Honey Baked Ham Best quality. Sliced fresh daily. 1lb. \$9.95 value.		121	Breaded Ravioli Bakeable or deep fry. Many uses. 1.70 lb. bag.	\$7.98
82	Not Breaded Haddock Fillets Delicious wild caught. Flakey, tasty fillets. 3lbs total	\$19.88		102	Wunderbar Bologna Sliced fresh daily. 1lb. \$5.79 value.		122	Veggie Spring Rolls Tasty oriental treats, 20 count	\$6.98
83	Raw Shrimp Peeled & cleaned ready to cook large shrimp. About 50. 2lbs.	\$17.88		103	Boiled Ham Plain ham not smoked. Best quality. Sliced fresh daily. 1lb. \$7.98 value.		123	Sliced Fontina Cheese Mild and creamy flavor. Many uses. Sliced fresh daily. 1 lb.	\$6.88
84	Battered Lobster Bites Bake or deep fry. 2 - 11oz bags.	\$10.49		104	Ham off the Bone Fresh from our deli daily. 1lb pack		124	Cheddar Cheese Sliced fresh daily. Aged two years. Very flavorful 1lb.	\$7.49
85	Ready Made Crab Cakes Lots of crab. Tasty. You get 12 large 3.5 oz crab cakes.	\$15.98		105	Savory Roast Beef Sliced Fresh. 1lb. \$13.95 value		125	Breaded Ravioli Bakeable or deep fry. Many uses. 1.70 lb. bag.	\$7.98
86	Breaded Clam Strips Bake or deep fry. You get either 8 - 4oz bags or 2 - 16oz bags. Depending on inventory.	\$11.98		106	Virginia Baked Ham Sliced fresh daily. 1lb. \$9.95 value.		126	Frozen Juice Cups 4 Orange, 4 Apple, 4 Grape. 12 - 4 oz cups. Thaw and drink.	\$4.79
87	Breaded Jumbo Shrimp Approx 50, large 3lb box. Pan fry or deep fry only.	\$17.98		107	Capicola (Hot Ham) Sliced fresh daily. 1lb.		127	Mini Corn Dogs Great appetizer. Perfect for the air fryer. About 40 2.0 lbs.	\$7.98
88	Lobster Tails 3 oz each tail.	\$4.99 Special		108	Genoa Salami Best quality. Fresh from our deli daily. 1lb pack		128	Vegetable Can Spray Extra-large 17 oz. aerosol can. Many uses. Great Quality.	\$6.95
89	Boneless, Skinless Salmon Nice 6 to 7 oz portions. Absolute finest quality fillets. Individually wrapped.	\$4.88 EACH		109	Sliced Pepperoni Best quality. Fresh from our deli daily. Pizza size slices. 1lb. pack		129	Battered Mac and Cheese Bites Super good! Bake, air fry, deep fry. 1.75 lbs.	\$7.98

Dear Customers

We have made it a point that all of our breaded items, with perhaps the exception of breaded shrimp are oven able and air fryer capable and of course you can deep fry as well. The air fryer has taken off so we have purchased products that can be done this way. If there is a product you are looking for that is not on the list, you can always call and ask as we may have it in stock for you and can add it on. As you know, prices for food are skyrocketing but not at Tri City Foods.

Shop and compare and you will find our prices are overall the lowest around and you will not find better quality!

As always, we are totally committed to keeping our prices as low as possible and will always offer you the best quality products you can find. Our products are always guaranteed for your satisfaction. As always thank you for your business. It means the world to all the employees to help keep this family business going for almost four decade.

WEIGHTS ARE CORRECT, COUNTS MAY VARY - NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS
We now accept FOOD STAMP payments- Must prepay by phone 24 or more hours in advance. Call 518-272-0898
You may also Mail your order directly to: Tri-City Foods 618 Third Ave. Watervliet, NY 12189
Order online at www.tricityfoods.com